

## ATC 2008-2009 Grand Prix Series Rules/Points System

### General Rules

1. You must be an ATC member to participate in either the Open or Age Group category. (Your membership will be verified as we start the new series and as we progress through the year 2009. Don't forget to renew!)
2. Points will be awarded **only** for completion of the race for which you are registered. (No changing distances during a race.) **Also, you may enter and be eligible for only one (1) race in events that have multiple distances.**

### Men's and Women's Open Division

1. No minimum number of races.
2. Points awarded as follows for overall placement in a race:

<b>First Place</b>	<b>150</b>	<b>points</b>
<b>Second Place</b>	<b>120</b>	<b>points</b>
<b>Third Place</b>	<b>100</b>	<b>points</b>
<b>Fourth Place</b>	<b>80</b>	<b>points</b>
<b>Fifth Place</b>	<b>60</b>	<b>points</b>
<b>Sixth Place</b>	<b>50</b>	<b>points</b>
<b>Seventh Place</b>	<b>40</b>	<b>points (men only)</b>
<b>Eighth Place</b>	<b>30</b>	<b>points (men only)</b>
<b>Ninth Place</b>	<b>20</b>	<b>points (men only)</b>
<b>Tenth Place</b>	<b>10</b>	<b>points (men only)</b>

### Men's and Women's Age Group Divisions

1. You must officially finish **at least ten** races of the series. Runners 14 & under need only finish **eight** races (due to the 10K distance limitation for 14 & under).
2. If you age up into a new age group during the season, points cannot be transferred from your original age group to your new age group. You must declare your age group preference at the first race you enter after your birthday. If you do not state a preference, you will be moved into your new age group.
3. 10 year-olds and under can receive points for the One Hour Run. No points will be given for the Prediction Run to either children or adults, but it will count as a race.

4. The age groups are as follows: **14 & Under (10K or less); 15-19; 20-24; 25-29; 30-34; 35-39; 40-44;**

**\*\*\*The Series Begins in September and ends in August.  
Grand Prix Runners are Honored at the Annual Banquet\*\*\***

**45-49; 50-54; 55-59; 60-64; 65-69; 70-74; and 75 & Over.**

5. Points awarded as follows for age group placement in a race:

<b>First Place</b>	<b>100</b>	<b>points</b>
<b>Second Place</b>	<b>80</b>	<b>points</b>
<b>Third Place</b>	<b>60</b>	<b>points</b>
<b>Fourth Place</b>	<b>40</b>	<b>points</b>
<b>Fifth Place</b>	<b>20</b>	<b>points</b>

- **All runners who finish the minimum number of races** for the age group division receive a special T-shirt - regardless of place!

- **All runners who complete every event they are eligible to run** receive a commemorative prize.

- Special awards are given to the **first place open division man and woman** and the **top 3 points-earners in each age group**; the **man and woman with the most age group points** amongst all age group runners. (Runners may not receive more than one award. For example, the first place open division man would not be eligible to receive an age group award.)

### 2008-2009 Grand Prix Personal Record *(Complete age group results are printed in the Wingfoot.)*

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

*(If you change age groups during the Grand Prix season, you may choose to remain in your original age group for the rest of the season, or move into your new age group. See age group division rule #2.)*

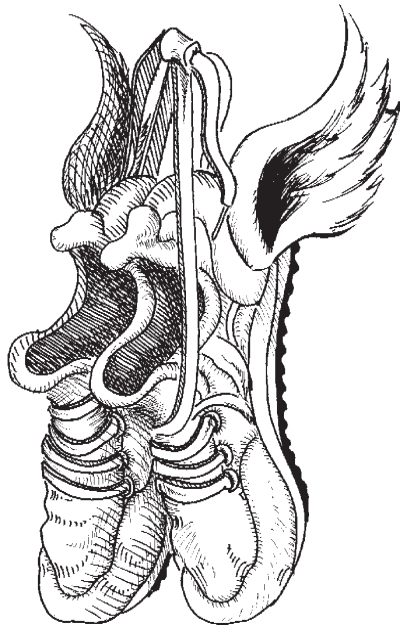
		Finish Time	Age Group	Place/Pts.
2008 Sept. 13	Singleton 5M & 10M	_____	_____	_____
2008 Oct. 4	Cartersville 10K	_____	_____	_____
2008 Oct. 26	Cross-Country Haunted Hustle 5K	_____	_____	_____
2008 Nov. 1	Run Around The Rock 5M\10M\15M	_____	_____	_____
2008 Dec. 6	Cross-Country 5K	_____	_____	_____
2009 Jan. 1	Resolution Run 5K & 10K	_____	_____	_____
2009 Jan. 17	ATC Peachtree City 5K & 10K	_____	_____	_____
2009 Feb. 7	ATC Track Day 1-Hour Run	_____	_____	_____
2009 Feb. 14	ATC Hearts & Soles 5K	_____	_____	_____
2009 Mar. 21	Atlanta Women's 5K	_____	_____	(women only)
2009 May 16	Atlanta's Finest 5K	_____	_____	_____
2009 June TBD	ATC Track Classic 3000m	_____	_____	_____
2009 June 21	Father's Day 4M	_____	_____	(men only)
2009 July 18	Decatur-DeKalb YMCA 4M	_____	_____	_____
2009 Aug. 15	Grand Prix Finale 5K	_____	_____	_____
2009 Sept. TBD	Annual Banquet	TOTAL POINTS	_____	_____

**NOTE:**

*Dates and events are subject to change. ALWAYS check the ATC website at [www.atlantatrackclub.org](http://www.atlantatrackclub.org) for the weekend's most current racing information.*

**Keep Track  
of Your  
Grand Prix Race  
Times Inside!**

**ATC 2008-2009  
Grand Prix Series**



*Volunteers are always  
needed and welcomed.  
Why not volunteer at the  
next race you attend.*

**ATC 2008-2009  
Grand Prix Series**



**September-August  
Race Schedule  
and Grand Prix Rules**

**ATC Member  
Personal Record Card**

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